Basic Cytology for the General Practitioner

Cells, slides, and slams!



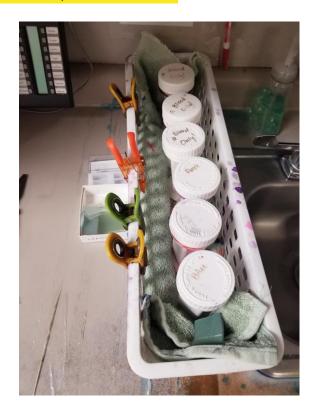
Agenda

- Microscope Anatomy
- Diff-Quik
- Methylene Blue technique
- Stool floats and directs
- Ear cytology
- Skin scrape
- Skin tape prep
- Skin impression smear
- Heartworm direct
- FNA of Mass
- Organizing skin masses
- Blood Smear technique (dun dun dun!)
- How to read a blood smear
- Questions



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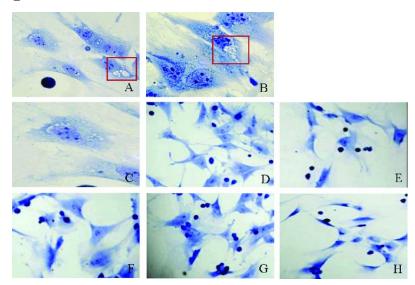
Diff-Quik stain





Methylene Blue Technique

- Obtain slide
- Place one drop of Methylene blue on sample
- Place cover slop over sample
- Looking for adipocytes and mast cells
- Fast technique



Magnification

- 4X
- 10X
- 40X
- 100X

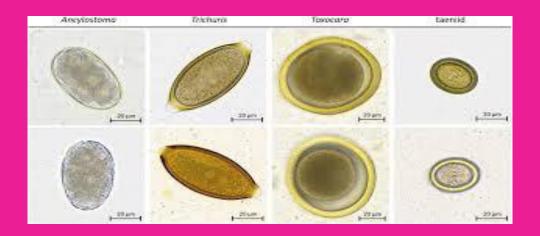
Remember: HIGH AND DRY

Patient presents for CE, D+, or V+

- Fresh or old sample works!
- Float
 - Break up sample in test tube with fecasol and fill to the top creating a meniscus
 - Place coverslip on meniscus
 - "Float" for 10 minutes
 - Place coverslip on slide
 - Read at 10x magnification

- Why do we call it a float?
- What does fecasol do?

Name that worm!



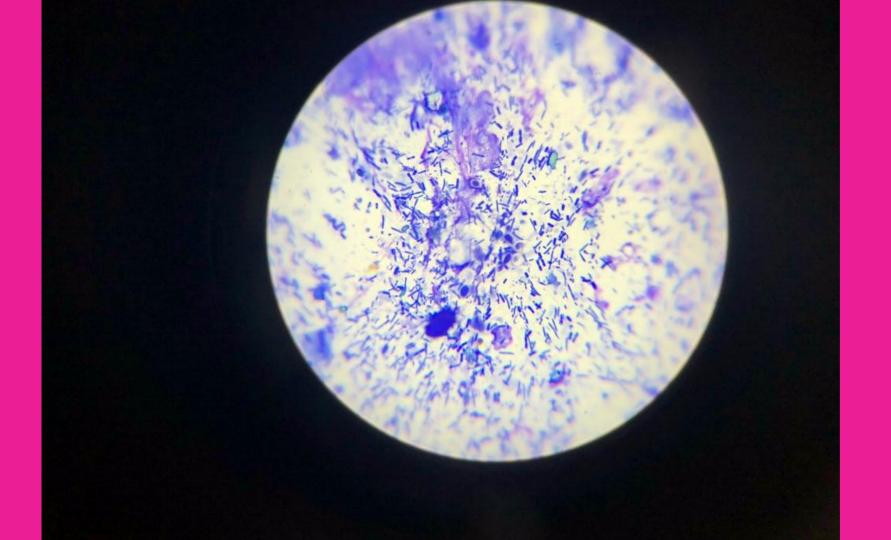
Hookworms Roundworms

Whipworms tapeworms

Patient presents for CE, D+, or V+

• Direct Fecal

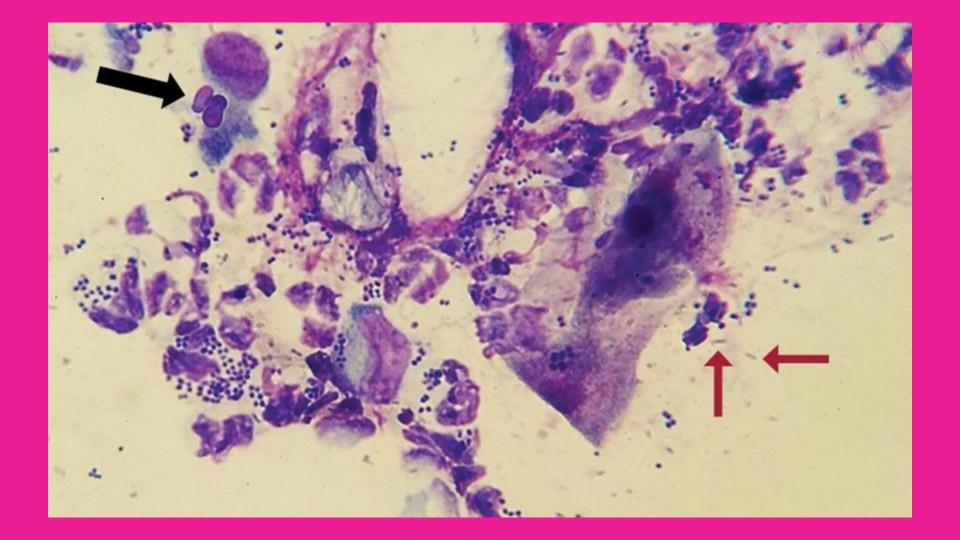
- o roll/shmeer sample in thin layer
- Heat fix with lighter
- Dip in each stain for 8 seconds
 - Light blue, pink, purple
- Lightly rinse with water
- Sandwich between Bibulous paper
- Evaluate under 100x



Possible Ear infection

Ear Cytology

- Obtain sample from ear canal with Q-tip
- Label left and right samples
- Roll samples onto your slide
- Heat fix with lighter
 - o Don't roast
- Stain with diff quick stain
- Rinse lightly with water
- Sandwich between bibulous paper
- Evaluate under 100x



Possible ear infection - with dark crusty waxy discharge

- Obtain two samples with Q-tips one from each ear
- Roll debris on slide
- Add 1 drop of mineral oil
- Cover with a cover slip
- Examine with 10x



Ear Mites



Skin Infections

Skin Scrape

- Use a clean dull blade to scrape the skin until it bleeds
- Sample rolled onto slide in mineral oil
- Cover slip placed over sample
- Observed at 10x
- Antibiotic ointment applied to scraped area



Mange (itchy)





Demodex

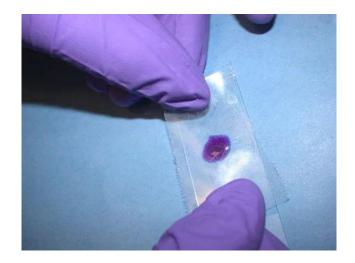
Skin Impression Smear

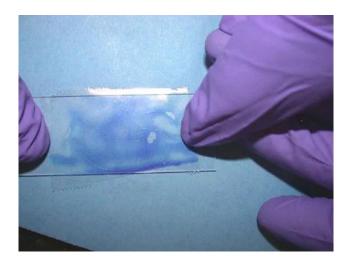
- Crusty, purulent, oozy lesions
- Place slide on lesion
 - Gentle pressure roll and rotate over the lesion
- Dip through diff-quik stains
- Rinse lightly under a drip of the sink
- Allow to dry for doctor to read



Skin Tape Prep

- Scotch tape (not frosted) is pressed to lesion firmly and multiple times
- Place tape on slide over 1 drop of blue diff-quik stain



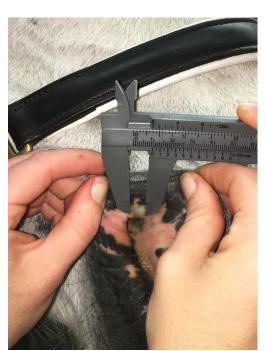


Heartworm direct

- Place one drop of blood on a slide
- Place cover slip over sample
- Examine at 10x

FNA of Masses

- Prepare for FNA by lining up slides and 3ml syringes
- Aspirate mass
 - Redirect syringe
 - Created negative pressure
- Label slides with pencils
- Do not heat fix any FNA of masses, LN, organs...
- Stain in the "blood only" diff quik
- Rinse LIGHTLY with drops of water
- Let dry



Skin Mass

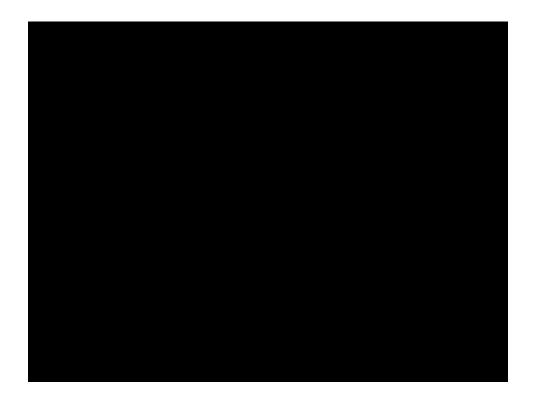
- Cyst
- Neoplasia
 - Epithelia
 - mesenchymal
 - o Round
 - o other
- Inflammatory
 - Suppurative
 - Macrophagic
 - Mixed
 - o Eosinophilic





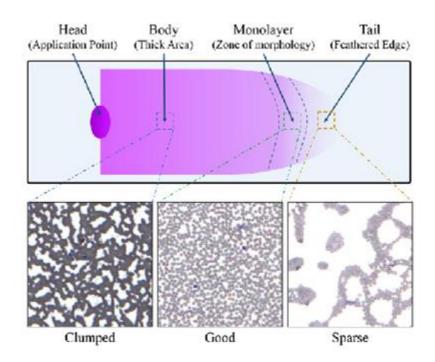
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How to make a blood smear

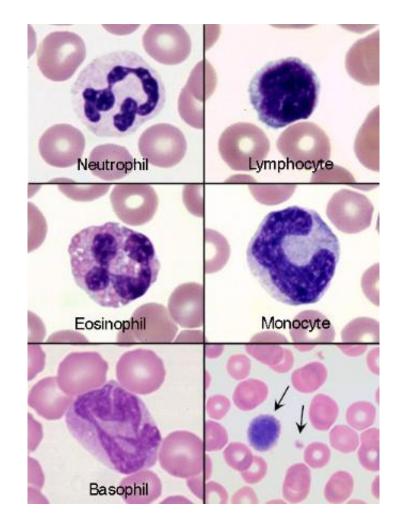


How to read a blood smear

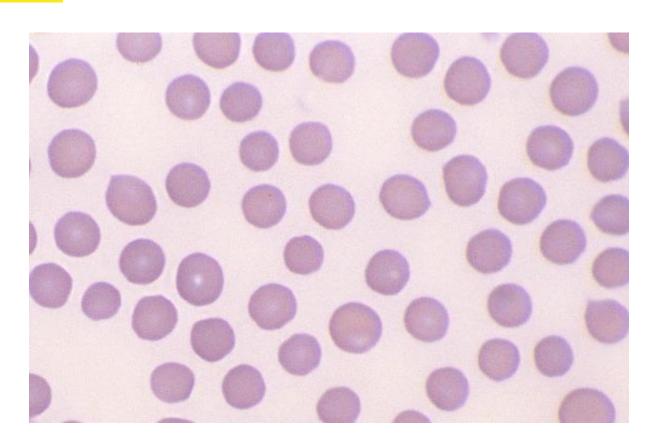
- Body to thick to read
- Monolayer RBC, WBC, Diff count
- Feathered edge platelet clumps, microfilaria, mast cells, neoplastic cells



Normal White Blood Cells



Normal RBCs



References

- https://www.semanticscholar.org/paper/Automatic-zone-identification-in-blood-smear-images-Jahanifar-Hasani/b852727641b349cd2d2488ccf8329boee2d3bf7d/figure/o
- https://www.klimud.org/public/atlas/idrar/web/www.diaglab.vet.cornell.e du/clinpath/modules/heme1/canine.htm
- https://vetclinpathimages.com/tag/red-blood-cells/page/2/

Questions?

