### Feline Medicine

DR. PAGE WAGES CAREFIRST ANIMAL HOSPITAL

### About Me

#### Originally from Upstate NY

- Graduated in 2001 SLU and in 2005 from NC State College of Veterinary Medicine
- One of the veterinarians with the team at CareFirst Animal Hospital since 2005
- Recently in the running for America's Favorite Veterinarian (got 3<sup>rd</sup> place in 2014 and 2015)
- Been involved with Christian Veterinary Mission leading trips to the Navajo, Cherokee, and Yup'ik in Alaska for the last 19 years





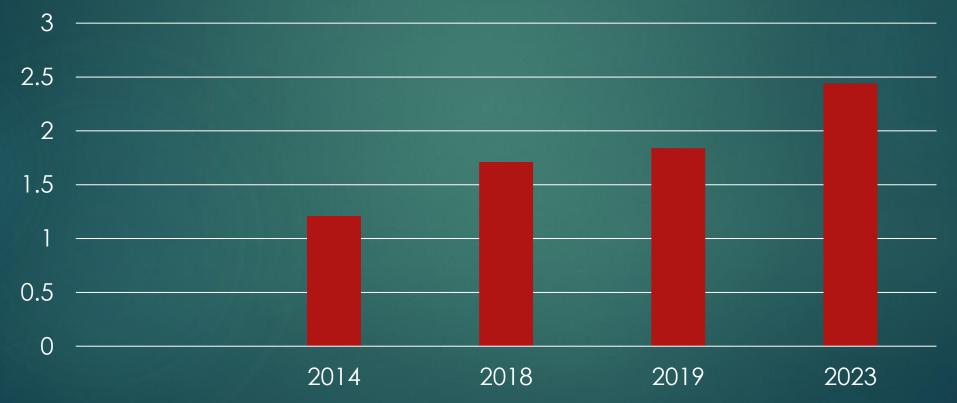
### Let's talk about Cats.....

- 600 million cats in the world living with people
- 600 million cats in the world not living with people
- 95.8 million cats in US households (68% households have a pet)
- 2 million cats in India, projected to reach
   2.5 million by 2023!



### Cats in India

#### Population of Cats in Millions



Source: Statistica 2020

### What is fun about having a cat?

#### Affectionate

- Good companionship great for senior humans
- Loyal
- Easy to care for litterbox, food
- ► Live long
- Lower stress levels of their owners (clinically proven)
- Unique personalities
- Playful, cuddly, etc.



### General Needs for cats

#### Good diet

- ► Taurine is a must
- Commercially available diets
- Safe place to live
- Litterbox or place to urinate and defecate that can be cleaned routinely
- Routine medical care





### Common Diseases of Cats

- Upper Respiratory
  - Viral
  - Bacterial
  - Fungal
- Gastrointestinal
  - ► Bacterial
  - ► Viral
  - ► Other
- ► Neurologic
  - ► Toxoplasmosis
  - ► FIP
  - Rabies

- ► Zoonotic
- Contagious
  - ► FIV
  - ► FeLV
  - ► FIP



### Upper Respiratory Infections in Cats

Viral
Bacterial
Fungal
Combo



### Viral Infections in Cats

Feline Calicivirus Virus (FCV)
Feline Herpesvirus (FHV)
Chylamdia



### Feline Calicivirus

- Signalment
  - Cats
  - Young kittens >6 weeks old
- Signs:
  - Sneezing / Nasal Discharge
  - Runny eyes / Conjunctivitis
  - \*\*\*Oral Ulceration
  - Pneumonia
  - Arthritis / Lameness
  - Fever

Vaccination isn't effective against all strains

Lives 7 days in environment

Carriers can shed for 10— 300 days post infection



### Calicivirus con't

#### Treatment

- Usually outpatient as long as not severe pneumonia
  - Severe pneumonia may need oxygen
- ✤ Nursing care
  - Clean eyes and nose as needed
  - Provide soft foods
  - Oral or IV antibiotics
  - ✤ Green Tea!!
- Client education
  - Excellent prognosis
  - Clinical disease usually appears 3-4 days post exposure
  - Recovered cats can be persistently infected for long periods (100-300 days)
    - Continuously shed small quantities of virus in oral secretions



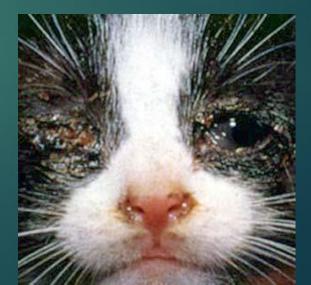
### Feline Herpesvirus/ Rhinotrachetitis

- Most severe URI in cats
- ✤ Signalment
  - All domesticated and many exotic cats
- ✤ Signs:
  - Sneezing / \*\*\*Clear Nasal discharge
  - Depression
  - Anorexia
  - \*\*\*Clear eye discharge
  - Chronic infections can cause ulcerative keratitis and chronic Nasal Damage

Virus survives 18 hr in environment

Incubation 2-6 days

Carriers shed in times of stress



### Rhinotrachetitis con't

#### Treatment

- Nutritional and fluid support in anorexic cats
- Outpatient usually
  - Antibiotics, eye medication
  - Famcyclovir
  - ✤ Lysine
    - 250mg q12hrs
- Prognosis
  - 7-10 days before spontaneous remission
  - Prognosis is good
  - Contagious in nature





### Chlamydia Psittaci

- Chronic respiratory infection caused by intracellular bacteria
  - Conjunctivitis, URI, mild pneumonia
- Signalment-Cats and humans
- Signs
  - URI sneezing, watery eyes, coughing, rhinitis
  - Anorexia
- Treatment
  - Outpatient, Antibiotics
- Prognosis
  - Chronic lasting weeks to months unless antibiotics given
  - Prognosis is good



### Bacterial Infections in Cats

- Moraxella sp.
- Pasteurella multocida
- Streptococcus
- Escherichia coli
- Klebsiella pneumoniae
- Bordatella bronchiseptica
- Proteus spp.
- Mycoplasma



- Usually require a pre-existing problem, except Bordetella
  - Viral infections
  - ► Stress → Reduced Immunity
  - Respiratory Tract damage
  - Brachycephalic (Anatomy)
  - Underlying disease

### Treatment for URI kitties

- Lysine
- Supportive Care
- Eye Meds (if indicated)
  - ► Tobramycin
  - ► Ofloxacin
  - ► Terramycin
- Feeding tube /Force Feeding until they can smell enough to eat





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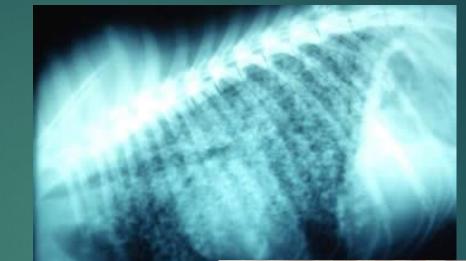




- Antibiotics
  - Convenia or Clavamox
  - Fluoroquinolone (Orbax or Bayril)
  - Azithromycin
  - Doxycycline (remember to wash down with water)

### Fungal infections in Cats

Cryptococcus
 Histoplasmosis
 Blastomycosis

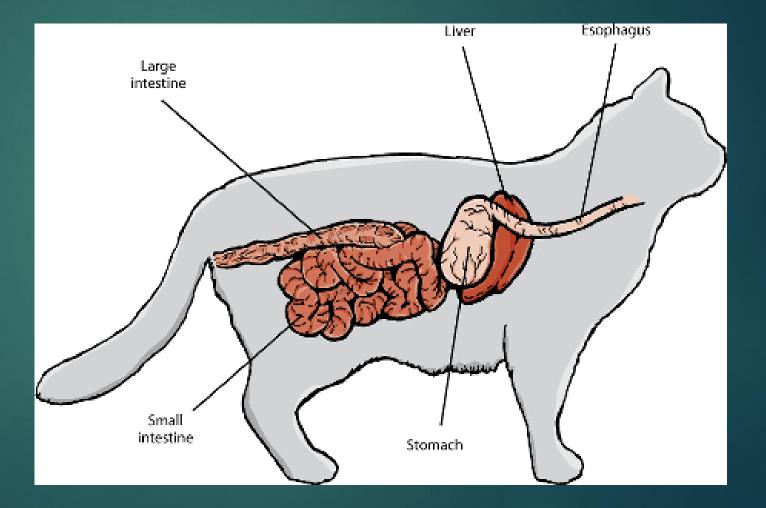






### GI diseases

InfectiousAcuteChronic



### Infectious: Feline Panleukopenia

- Acute enteric viral infection of cats
- Signs
  - Sudden onset
  - Depression, dehydration, vomiting, diarrhea
  - Fever
  - Abdominal pain
  - Panleuk posture
    - Sternum and chin resting on floor, feet tucked, scapulae elevated above the back
  - Ataxia from cerebellar hypoplasia seen in kittens infected in utero or neonatally
    - ✤ Signs develop at 10-14 days of age and persist for life
    - \* Hypermetria, dysmetria, incoordination with wide based stance and elevated rudder tail



### Panleuk con't



#### Treatment

- Supportive care
  - IV fluids /SQ fluids
  - monitor electrolytes
  - IV Antibiotics / SQ antibiotics until able to take oral

#### Prognosis

- Virus will remain infectious on the premise for years unless disinfected with bleach
- Most cases acute and last only 5-7 days
  - ✤ If death doesn't occur during acute disease then recovery is usually rapid
  - Guarded

### Acute Vomiting/Diarrhea

Roundworms

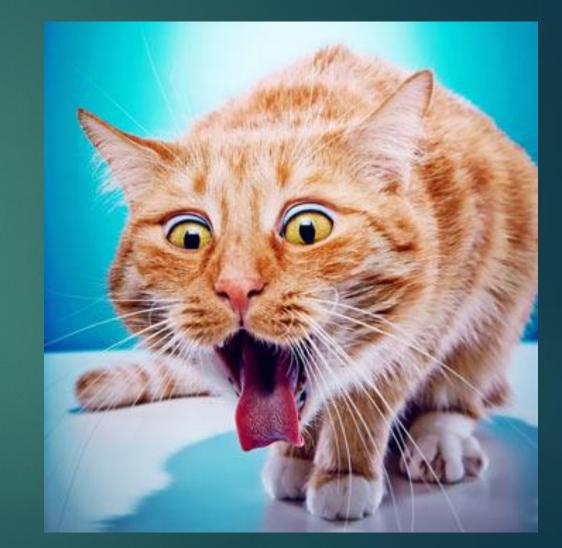
Hookworms

Tapeworms

Coccidia



- Foreign Body
- ► Intussusception
- Pancreatitis/Triaditis



### Chronic Vomiting/Diarrhea

#### ► IBD

Lymphoma

Neoplasia of Gut, Liver, Stomach





### Other Viruses in Cats

Feline Leukemia

- Feline Immunodeficiency Virus
- Feline Infectious Peritonitis
- Rabies

### Feline Leukemia Virus (FeLV)

- Virus that causes immunodeficiency n domestic cats
- ✤ Signalment
  - Cats
  - Prevalence highest between 1-6 years
  - ✤ M>F
- Causes
  - Cat to cat transmission Saliva
    - ✤ Bites
    - Close casual contact-grooming, shared disease, shared litter pans
  - ♦ Can be spread from mother → Kittens





### FeLV con't

#### Signs

- Fever, Weight loss
- Pancytopenia or leukopenia
- Neoplasitc
  - Lymphoma, Leukemia, Fibrosarcoma, Enlarge LN
- ✤ Non-neoplastic
  - ✤ URI
  - Diarrhea
  - Gingivitis, stomatitis
  - Skin infections that are chronic or recurrent
  - Ataxia
- Prognosis
  - ✤ 50% succumb to related diseases within 2-3 post infection
  - Keep cats indoors and separated from other FeLV neg cats



### Feline Immunodeficiency Virus (FIV)

- Immunodeficiency disease in domestic cats
  - ✤ Similar to HIV
  - Infection disrupts immune system function
- Signalment
  - Cats
  - Prevalence of infection increases
     with age
  - More common in males
- Causes
  - Cat to cat transmission—bite wounds



### FIV

#### Signs

- Recurrent minor illness, esp URI and GI issues
- Enlarged LN
- ✤ Gingivitis, stomatitis
- URI with rhinitis, conjunctivitis, keratitis,
- ✤ CRF
- Diarrhea
- Chronic or recurrent ear and skin infections
- Fever and weight loss
- Lymphosarcoma
- Neurologic change-behavioral changes, pacing, aggression



- ✤ Treatment
  - Treat secondary infections
- Prognosis/Client Education
  - FIV positive can have chronic or recurrent health issues
  - Keep cat indoors to protect them from exposure to other disease since immuno-compromised and to prevent spread of FIV

### Feline Infectious Peritonitis (FIP)

- Systemic viral disease characterized by persistent unresponsive fever, pyogranulomtous tissue reaction, accumulation of effusion in body cavities, and death
- Coronavirus
- Signalment
  - Cats
    - Kittens 3 months to 3 years
      - ✤ Significant decrease in incidence after 3 years of age



### FIP con't

- Signs
  - Dry-Targets organs
  - Wet-Targets body cavities
    - Depression, Weight loss, anorexia, pot bellied appearance
    - Fever that is persistent and usually not responsive to antibiotics
    - ✤ Icterus
    - Abdominal or pleural effusion

- ✤ Treatment
  - Supportive care
    - Inpatient or outpatient depending on severity
    - Therapeutic paracentesis to relieve pressure of effusion
    - Steroids
- Prognosis
  - Grave prognosis
    - Clinical course can be a few days to months
      - Mortality is 100% once symptoms occur





### Rabies!

- ✤ 3 billion a people a year bitten by rabid dog
  - ✤ 59,000 people die each year
    - 1 person every 9 minutes
- ✤ 20,000 people a year die from Rabies in India
  - ✤ 92% of those are dog bites
  - ✤ 3% monkey bites
  - ✤ 2% cat bites



### Rabies Virus



- Severe fatal viral policencephalitis of all warm blooded animals
- Pathology
  - $\diamond$  Virus enters through wound or mm  $\rightarrow$  spreads to neuromuscular junction  $\rightarrow$  travels to CNS
- Signalment
  - Worldwide except for Australia, New Zealand, Hawaii, Japan, and parts of Scandinavia
  - All warm blooded animal can be affected

### Rabies con't

#### ✤ Signs--Variable

- Change in attitude-solitude, nervous, anxiety, shyness, aggressive
- Erratic behavior—biting, snapping, licking/chewing at wound, wandering, excitability, irritability, viciousness
- Disorientation
- Ataxia, seizures, paralysis
- Excessive salivation, Inability to swallow
- Fever

#### Treatment

- Euthanasia
- Client Education
- Prognosis
  - Fatal
  - Succumb within 7-120 days of onset of clinical signs





### Rabies-associated sarcomas?





### Necessary Vaccines

#### ► FVRCP

- ▶ 8w, 12 w, 16 w
- ▶ 1 year, then every 3 years
- Rabies
  - ▶ 12 or 16 w
  - ▶ 1 year, then every 3 years

#### ► FeLV

- ▶ 12 w, 16 w
- ▶ 1 year, then annually





### Old cats....losing weight

- Heart disease
- Renal disease
- ► Hyperthyroidism
- Neoplasia
- ► IBD/Triaditis



- Bloodwork
- Ultrasound
- X rays



## What to do with the neurologic cat?

- Bloodwork
- ► Toxoplasmosis titer
- ► FIP (Coronavirus titer)
- ► CT scan/MRI

- ► Toxoplasmosis
  - Clindamcyin 1 month
  - Prednisolone
  - Cyproheptadine



